

## Session on professionalism and self-care with the students of 6<sup>th</sup> batch

---

To cope with physical class, clinical practice after a long academic site closure, DMP arranged a workshop on “Professionalism and self-care” for the students of 6th batch of Dhaka academic site on 9 November 2021. A total of 43 students of 6th batch participated in that event. The workshop focused on practicing several self-care skills such as breathing relaxation, time management, prioritization, ability to plan and sequence task performance, and developing the refined physical control required to carry out daily responsibilities.

